

Who are we?

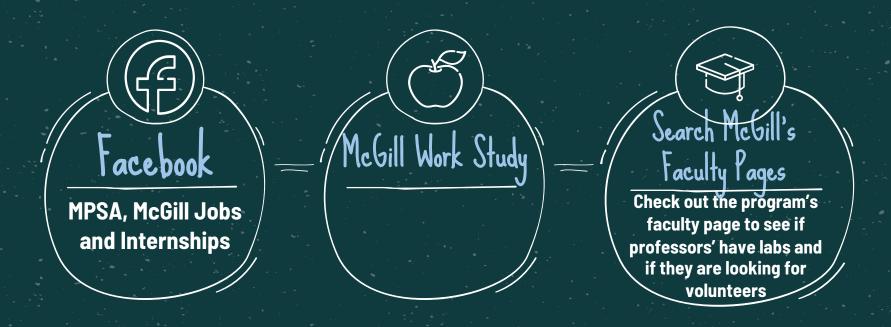


Former RA and Lab Coordinator at the Talwar Research Lab Current Masters student in the department of Educational and Counselling Psychology in the Human Development Program



Current Lab Coordinator and RA at the Talwar Research Lab Masters Student in the Sociology Department

### How to gain volunteer experience



## How to Send Your email for a Volunteer Position

Always state what position you're applying for (i.e. Volunteer RA vs. Paid RA)

Attach your CV, Transcript and any additional required forms

Most grad students are looking for relative flexibility

Be pecific

Thelevant Information

Make yourself available

#### How to Interview

Experiences related to working with a lab (working with children, working in a clinical setting, working with individuals on the Autism Spectrum)

Strengths, weaknesses, how would you improve your skills by being in that SPECIFIC lab



Research the lab! Make sure you know the lab's background and research areas

**Ask questions!** 

What is expected during your experience
Typical shift
Grad student's research
Policies regarding
academic or job
references

### What to do if you get a position



The tasks may not be what you expected; tasks depend on stage of research your supervisor is on.



More opportunities for new tasks and experiences come the longer you are able to stay on a research team.

# A Quick Note about Sending Emails



#### How to Engage in the research lab



Stay on top of your assigned tasks!



Remain professional and respectful



Problem solve and ask for clarification



Ask Questions Show Interest

#### Asking for more Opportunities

Interested in a research project or paid position?

- Some labs may not offer paid positions
- If the position you are applying for is as a volunteer - then they are not looking to hire paid individuals at that time
- Ask the professor directly if they are taking on students for research projects



## Asking for Reference Letters



- Ample time needed
- Minimum amount of hours



- Graduate school applications: from Professor
- Job reference: from professor or graduate student



- Keep in mind how long you have been at the lab
- 1 month vs. 6 months of work makes a difference

### \*Caveat\*

## Upcoming Workshops\*

March 11th - Learn About Graduate Programs in the Educational and Counselling Psychology Department from Graduate Students \*Located in Stewart Bio SM

- Programs:
  - Educational Psychology
  - Human Development
  - Learning Sciences
  - Counselling Psychology
  - School/Applied Child Psychology

March 18th - Graduate School Q&A About the Application Process

## lhank you!



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